

## Unity of Greater Hartford – Monday Evening Zoom Class



# The Trance of Scarcity

***Stop Holding Your Breath &  
Start Living Your Life***

**Begins Monday, February 27**

**6:30 to 8:00 pm**

**Registration Fee: \$45 plus required book purchase**

**Register online at [www.unityhartford.org](http://www.unityhartford.org) at the Donate/Registration button**

It's difficult to know you are in a trance . . . until you break free.  
Individually and collectively, it is imperative that we all break free.

**Your life needs you to breathe and wake up!**

Consciously and unconsciously, dozens of times a day, we tell ourselves that we are lacking,  
that our lives are lacking, that the universe is lacking.

**Listen and hear it all around you and maybe even in you!**

We lull ourselves into what Victoria Castle calls the “Trance of Scarcity”—where we’re crippled by the pervasive assumption that lack, struggle, and separation is real. But what if the very story we tell ourselves—both as individuals and as a society—keeps us trapped in this limited state? Learn how to embody a new story—one that is about abundance, inspiration, and your own innate ability to create your reality. This book is full of Unity Principles that go beyond affirmations into embodiment!

You are being called to breathe and awaken from your trance, see current reality with deeper clarity and courage, and realize the boundlessness of your true nature and highest human potential.



### **Breathe & Wake Up! Here are the class details:**

**Facilitator:** Rev Christine Boylan

**Dates:** 6 Mondays – Feb 27, March 6, 13, 20, 27, April 10. **Time:** 6:30 to 8 pm

**Costs:** \$45 Registration fee plus required purchase of the book – *The Trance of Scarcity* by Victoria Castle.

**Zoom Link & Password:** Is sent with your registration confirmation

- If you feel you cannot afford the fee or the book, speak with Rev Christine as several scholarships are available.

### **Unity of Greater Hartford**

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